

Natural Family Planning with Sensiplan



International Course
Sensiplan Teacher Training
2020 in Cologne

Dates

Course block 1:

September 24-27, 2020

Course block 2:

November 19-22, 2020

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Course leader

Dr. Tanja Freundl-Schütt

Petra Klann-Heinen

Training location

Malteser Deutschland gGmbH

Erna-Scheffler-Str. 2

51103 Köln

Germany

Participation fees

9 ,00 EUR, plus costs for accommodation and travel.

The Sensiplan Teacher Training takes place subject to the minimum number of 12 participants being reached.

If there are less announcements, the course will be cancelled. In this case we will inform you as soon as possible. If the necessary number of participants reached, you will get a binding confirmation of participation.

More information

Malteser Arbeitsgruppe NFP

Tel.: 0049 221 9822-4925

Email: nfp@malteser.org

Banking information

Bank für Sozialwirtschaft

BIC: BFSWDE33XXX

IBAN: DE40370205000002900100



Sensiplan

Sensiplan stands for the symptothermal method of Malteser Arbeitsgruppe NFP. It is a modern, safe and natural form of family planning in which a woman can observe her physical signs of fertility that typically change in the course of the menstrual cycle.

Sensiplan can be used to effectively achieve or to avoid a pregnancy, based on the woman's and couple's individual needs.

Goal

The trainees of this Teacher Training Course will be enabled to teach Sensiplan to interested women and couples.

Contents

- Anatomy and physiology
- Fertility and the menstrual cycle
- Sensiplan in normal and special circumstances like after the use of hormonal contraceptives, during menopause and breastfeeding
- Training on the charts
- Educational and psychological aspects of teaching

Target group

This Teacher Training Course refers to interested persons incl. doctors, midwives, nurses, social workers and others who would like to teach Sensiplan.

Preconditions

1. Self-practice of Sensiplan
2. Participation in an induction course prior to the training course (if possible)
3. Profound knowledge of the book "Natural and safe" and the associated workbook
4. At least three observed menstrual cycles preceding the beginning of the course

The schedule

The training is divided into two blocks of four days and one weekend.

The written exam will be on December 12, 2020. The passing of this examination is the precondition to start with the practical training.

The practical training lasts approximately six months in which the trainee has to introduce Sensiplan to three women or couples.

The oral exam and additional lectures will be on June 12 and 13, 2021. With the passing of the oral exam a certificate of the Malteser Arbeitsgruppe NFP documents the successful conclusion of the Sensiplan Teacher Training Course.

Registration

Participation in the International Sensiplan Teacher Training Course 2020

Herewith I login binding to the Teacher Training Course.

Title, last name, first name

Street, house number

Postal code, city

Occupation, education

Date of birth

Telephone

Email

I have participated in an induction course Yes No
If yes, name of the NFP teacher

Our general terms and conditions are binding, you will find them at: www.nfp-online.de

Date, signature

In the case of absence of a lecturer, if the number of participants is too small or because of unforeseen events we reserve the right to cancel the training at short notice.