Dates
Course block 1:
September 24-27, 2020
Course block 2:
November 19-22, 2020
Course schedule:
Thursday 3:00 pm until 7:00 pm
Friday 10:00 am until 5:00 pm
Saturday 10:00 am until 5:00 pm
Sunday 10:00 am until 1:00 pm
in the evenings self-paced study phases

Course leader
Dr. Tanja Freundl-Schütt
Petra Klann-Heinen

Training location
Malteser Deutschland gGmbH
Erna-Scheffler-Str. 2
51103 Köln
Germany

Participation fees
950,00 EUR, plus costs for accommodation and travel. We can help
you to find a accommodation.
The Sensiplan Teacher Training takes place subject to the minimum
number of 10 participants being reached.
If there are less announcements, the course will be cancelled. In this
case we will inform you as soon as possible. Is the necessary number
of participants reached, you will get a binding confirmation of
participation.

More information
Malteser Arbeitsgruppe NFP
Tel.: 0049 221 9822-4925
Email: nfp@malteser.org

Banking information
Bank für Sozialwirtschaft
BIC: BFSWDE33XXX
IBAN: DE40370205000002900100

www.sensiplan-international.de
Sensiplan

Sensiplan stands for the symptothermal method of Malteser Arbeitsgruppe NFP. It is a modern, safe and natural form of family planning in which a woman can observe her physical signs of fertility that typically change in the course of the menstrual cycle. Sensiplan can be used to effectively achieve or avoid a pregnancy, based on the woman’s and couple’s individual needs.

Goal

The trainees of this Teacher Training Course will be enabled to teach Sensiplan to interested women and couples.

Contents

• Anatomy and physiology
• Fertility and the menstrual cycle
• Sensiplan in normal and special circumstances like after the use of hormonal contraceptives, during menopause and breastfeeding
• Training on the charts
• Educational and psychological aspects of teaching

Target group

This Teacher Training Course refers to interested persons incl. doctors, midwives, nurses, social workers and others who would like to teach Sensiplan.

Preconditions

1. Self-practice of Sensiplan
2. Participation in an induction course prior to the training course (if possible)
4. At least three observed menstrual cycles preceding the beginning of the course

Registration

Participation in the International Sensiplan Teacher Training Course 2020

Herewith I login binding to the Teacher Training Course.

Title, last name, first name

Street, house number

Postal code, city

Occupation, education

Date of birth

Telephone

Email

I have participated in an induction course Yes  ☐  No ☐
If yes, name of the NFP teacher

Our general terms and conditions are binding, you will find them at: www.nfp-online.de

Date, signature

In the case of absence of a lecturer, if the number of participants is too small or because of unforeseen events we reserve the right to cancel the training at short notice.