

## Natural Family Planning with Sensiplan



International Course  
Sensiplan Teacher Training

2017 in Cologne

### Dates

September 12-14, 2017

November 27-29, 2017

10:00 am until 5:00 pm

The third block, including the oral exam  
will be in April 2018

### Course leader

Dr. Ursula Sottong Petra

Klann-Heinen

### Training location

KSI

Katholisch-Soziales-Institut

Bergstr. 26

53721 Siegburg

T. 02241-2517-0

### Participation fees

915,00 EUR, plus costs for accommodation and  
meals. After your registration we will send you an  
invoice. Please contact us if you need help to find  
accommodation for those days.

### More information

Malteser Arbeitsgruppe NFP Tel.:

0049 221 9822 591

Email: [nfp@malteser.org](mailto:nfp@malteser.org)

### Banking information

Bank  
für Sozialwirtschaft

BIC: BFSWDE33XXX



**Malteser**  
...weil Nähe zählt.

Malteser Deutschland gGmbH  
Arbeitsgruppe NFP  
Kalker Hauptstr. 22-24  
51103 Köln  
Germany



## Sensiplan

Sensiplan stands for the symptothermal method of Malteser Arbeitsgruppe NFP. It is a modern, safe and natural form of family planning in which a woman can observe her physical signs of fertility that typically change in the course of the menstrual cycle.

Sensiplan can be used to effectively achieve or to avoid a pregnancy, based on the woman's and couple's individual needs.

## Goal

The trainees of this Teacher Training Course will be enabled to teach Sensiplan to interested women and couples.

## Contents

- Anatomy and physiology
- Fertility and the menstrual cycle
- Sensiplan in normal and special circumstances like after the use of hormonal contraceptives, during menopause and breastfeeding
- Training on the charts
- Educational and psychological aspects of teaching

## Target group

This Teacher Training Course refers to interested persons incl. doctors, midwives, nurses, social workers and others who would like to teach Sensiplan.

## Preconditions

1. Self-practice of Sensiplan
2. Participation in an induction course prior to the training course (if possible)
3. Profound knowledge of the book "Natural and safe" and the associated workbook
4. At least three observed menstrual cycles preceding the beginning of the course

## The schedule

The training is divided into three blocks of three and two days.

At the beginning of the third block is the written exam. The passing of this examination is the precondition to start with the practical training.

The practical training lasts approximately six months in which the trainee has to introduce Sensiplan to three women or couples.

With the passing of the oral exam a certificate of the Malteser Arbeitsgruppe NFP documents the successful conclusion of the Sensiplan Teacher Training Course.

## Registration

Participation in the International Sensiplan Teacher Training Course 2017

Herewith I login binding to the Teacher Training Course.

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Title, last name, first name

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Street, house number

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Postal code, city

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Occupation, education

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Date of birth

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Telephone

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Email

I have participated in an induction course Yes  No   
If yes, name of the NFP teacher

Our general terms and conditions are binding, you will find them at: [www.nfp-online.de](http://www.nfp-online.de)

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Date, signature

In the case of absence of a lecturer, if the number of participants is too small or because of unforeseen events we reserve the right to cancel the training at short notice.

**General Standard Terms and Conditions for participation in training courses and further training, development and education opportunities provided by the Order of Malta Arbeitsgruppe NFP and the Order of Malta health promotion and disease prevention initiatives.**

**Registration**

The procedures for registration can be found in the relevant notice advertising the course/opportunity in question. Registration must be made in writing (letter, fax or e-mail) using the registration form. Once registration has taken place, confirmation of receipt will be issued. Registration is binding once the contribution for the course/development opportunity has been paid, and can only be cancelled under the conditions set out under “Deregistration/cancellation” below. The consumer’s statutory right of withdrawal is not thereby affected. Registration does not confer an automatic right to participate.

**Notice on withdrawal**

**Notice on withdrawal in the case of a consumer**

Under section 13 of the German Civil Code (BGB), a consumer is “any natural person who enters into a legal transaction for purposes that predominantly are outside his trade, business or profession”. Consumers who register via a means of long-distance communication (e.g. by standard mail) have a right of withdrawal as set out below.

**Right of withdrawal**

You have the right to withdraw from the contract in question within fourteen days without any obligation to state your reasons (cooling-off period). The cooling-off period is fourteen days from the date the contract was signed. To exercise your right of withdrawal, you must inform us, Malteser Deutschland gGmbH, Kalker Hauptstraße 22-24, 51103 Köln (Tel. +49 221 9822591, Fax: +49 221 9822589, e-mail: nfp@malteser.de or gup@malteser.de), by sending us a letter, fax or e-mail, stating clearly and unequivocally your intention to withdraw from this contract. You are free to use the enclosed withdrawal form template, but this is not a requirement. In order to comply with the cooling-off period, it is sufficient to ensure that notification of your intention to exercise your right of withdrawal is sent before the period expires.

**Consequences of withdrawal**

If you withdraw from the contract in question, we are obliged to reimburse you all payments we have received from you, including the delivery costs (except for additional costs due to your opting for a type of delivery other than the cheapest standard delivery offered by us). We must do this immediately and not later than fourteen days from the date on which we received notification of your withdrawal from this contract. In making this reimbursement, we will use the same means of payment as you did for the original transaction, unless there is an express agreement between us to the contrary. Under no circumstances will any administrative charges be deducted from this repayment. If you requested that provision of the service commence during the cooling-off period, you must pay us a reasonable amount, corresponding to that part of the services already provided up until the time you informed us of your intention to exercise your right of withdrawal in respect of this contract in proportion to the total scope of the services provided for in the contract.

## Withdrawal form template

If you intend to withdraw from the contract, you can use this withdrawal form:

To Malteser Deutschland gGmbH, Kalker Hauptstr. 22-24, 51103 Köln  
Fax: 0221 98 22 589

I/we \_\_\_\_\_ hereby withdraw from  
the contract I/we entered into concerning the provision of the following service

Authorised on \_\_\_\_\_

Name of consumer(s) \_\_\_\_\_

Address of consumer(s)

Signature of consumer(s) (only in the case of non-electronic notification)

Date

## End of the notice on withdrawal

## Deregistration/cancellation

Cancellation must always be made in writing.

### Cancellation periods:

Up to 41 calendar days before start of course/development opportunity, free of charge

40 to 31 calendar days before start of course/development opportunity, 40% of the contribution for the course/development opportunity

30 to 15 calendar days before start of course/development opportunity, 60% of the contribution for the course/development opportunity

14 to 3 calendar days before start of course/development opportunity, 80% of the contribution for the course/development opportunity

2 to 0 calendar days before start of course/development opportunity, 100% of the contribution for the course/development opportunity

A substitute participant may of course be nominated at any time. Where a contract is signed with the latter, the cancellation charge will no longer apply.

If the participant can show that the loss sustained by Malteser Deutschland gGmbH is substantially smaller than that implied by the cancellation charge, then, instead of the cancellation charge, an amount should be paid that compensates the loss in question. If the participant can show that Malteser Deutschland gGmbH has sustained no loss at all, the cancellation charge will be waived.

## Cancellation of events

Malteser Deutschland gGmbH reserves the right to cancel the relevant training courses and development opportunities if there are compelling reasons for it to do so. The participants will be informed of such cancellation without undue delay. Compelling reasons include an insufficient number of registered participants or other unforeseeable circumstances. If the event does not take place for reasons that are due to Malteser Deutschland gGmbH, any course/development opportunity fees that have already been paid will be reimbursed in full. Otherwise, the liability of Malteser Deutschland gGmbH is governed by the following special

terms and conditions.

### **Liability**

In the event that Malteser Deutschland gGmbH, a legal representative or an agent of Malteser Deutschland gGmbH is found to be negligent, the liability of Malteser Deutschland gGmbH for a material breach of contract is limited to those damages that might typically be foreseen. Otherwise, Malteser Deutschland gGmbH cannot be held liable in a case of negligence. Notwithstanding the above, Malteser Deutschland gGmbH is liable for damages arising from loss of life, injury or loss of health that are due to an intentional or negligent breach of duty on the part of Malteser Deutschland gGmbH or an intentional or negligent breach of duty on the part of an agent of Malteser Deutschland gGmbH.

### **Certificate/evidence of participation**

On completion of the further training, development or education that is provided, the participant will receive a certificate/evidence of participation listing the main contents of the course/session.

### **Right to make changes**

Details are subject to alteration during the course of the programme, as is the attendance of the advertised speakers. Such alterations will only be undertaken for compelling reasons, and the overall character and quality standard of the event will be retained. Changes of this nature cannot constitute grounds for withdrawing from the binding registration.

### **Declaration in respect of data protection**

During the course of registration for a training course/development opportunity, personal data of the participants will be collected and stored. The personal data will be stored for the duration of the customer relationship. Otherwise, the data will be deleted in accordance with the statutory provisions.

### **Organiser**

Malteser Deutschland gGmbH with the relevant specialist department.