Dates
September 12-14, 2017
November 27-29, 2017
10:00 am until 5:00 pm
The third block, including the oral exam will be in April 2018

Course leader
Dr. Ursula Sottong Petra Klann-Heinen

Training location
KSI
Katholisch-Soziales-Institut
Bergstr. 26
53721 Siegburg
T. 02241-2517-0

Participation fees
915,00 EUR, plus costs for accommodation and meals. After your registration we will send you an invoice. Please contact us if you need help to find accommodation for those days.

More information
Malteser Arbeitsgruppe NFP Tel.:
0049 221 9822 591
Email: nfp@malteser.org

Banking information
Bank für Sozialwirtschaft
BIC: BFSWDE33XXX

Natural Family Planning with Sensiplan

International Course Sensiplan Teacher Training
2017 in Cologne
**Sensiplan**

Sensiplan stands for the symptothermal method of Malteser Arbeitsgruppe NFP. It is a modern, safe and natural form of family planning in which a woman can observe her physical signs of fertility that typically change in the course of the menstrual cycle.

Sensiplan can be used to effectively achieve or to avoid a pregnancy, based on the woman’s and couple’s individual needs.

**Goal**

The trainees of this Teacher Training Course will be enabled to teach Sensiplan to interested women and couples.

**Contents**

- Anatomy and physiology
- Fertility and the menstrual cycle
- Sensiplan in normal and special circumstances like after the use of hormonal contraceptives, during menopause and breastfeeding
- Training on the charts
- Educational and psychological aspects of teaching

**Target group**

This Teacher Training Course refers to interested persons incl. doctors, midwives, nurses, social workers and others who would like to teach Sensiplan.

**Preconditions**

1. Self-practice of Sensiplan
2. Participation in an induction course prior to the training course (if possible)
3. Profound knowledge of the book “Natural and safe” and the associated workbook
4. At least three observed menstrual cycles preceding the beginning of the course

**The schedule**

The training is divided into three blocks of three and two days.

At the beginning of the third block is the written exam. The passing of this examination is the precondition to start with the practical training.

The practical training lasts approximately six months in which the trainee has to introduce Sensiplan to three women or couples.

With the passing of the oral exam a certificate of the Malteser Arbeitsgruppe NFP documents the successful conclusion of the Sensiplan Teacher Training Course.

**Registration**

Participation in the International Sensiplan Teacher Training Course 2017

Herewith I login binding to the Teacher Training Course.

Title, last name, first name

Street, house number

Postal code, city

Occupation, education

Date of birth

Telephone

Email

I have participated in an induction course Yes ☐ No ☐

If yes, name of the NFP teacher

Our general terms and conditions are binding, you will find them at: www.nfp-online.de

Date, signature

In the case of absence of a lecturer, if the number of participants is too small or because of unforeseen events we reserve the right to cancel the training at short notice.